



Cake menu

CAKES IN DISPLAY CHILLER
FROM £2.50

SCONE
WITH BUTTER, JAM, CREAM
£1.50



CAKE BARS
£1.50

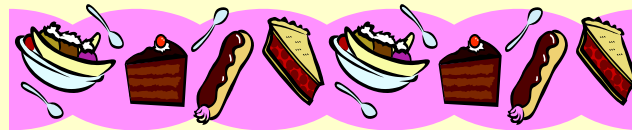
TOASTED TEACAKE
£1.35

**AT THE HONEY POT
ALL OUR DISHES AND DESSERTS ARE
HOMEMADE ON THE
PREMISES WE ALSO HAVE A
GLUTEN FREE
MENU AVAILABLE.
OUR MILK IS SUPPLIED BY ROES
DAIRY AT
BARROW HAVEN.**

OPENING HOURS

**MONDAY
TO
FRIDAY
10 AM
TO
4 PM**

**SATURDAY
AND
SUNDAY
10 AM
TO
4.30 PM**



**WE ALSO CATER FOR BUFFETS AND PARTIES IN
THE VISITORS CENTRE AND OUTSIDE CATERING**

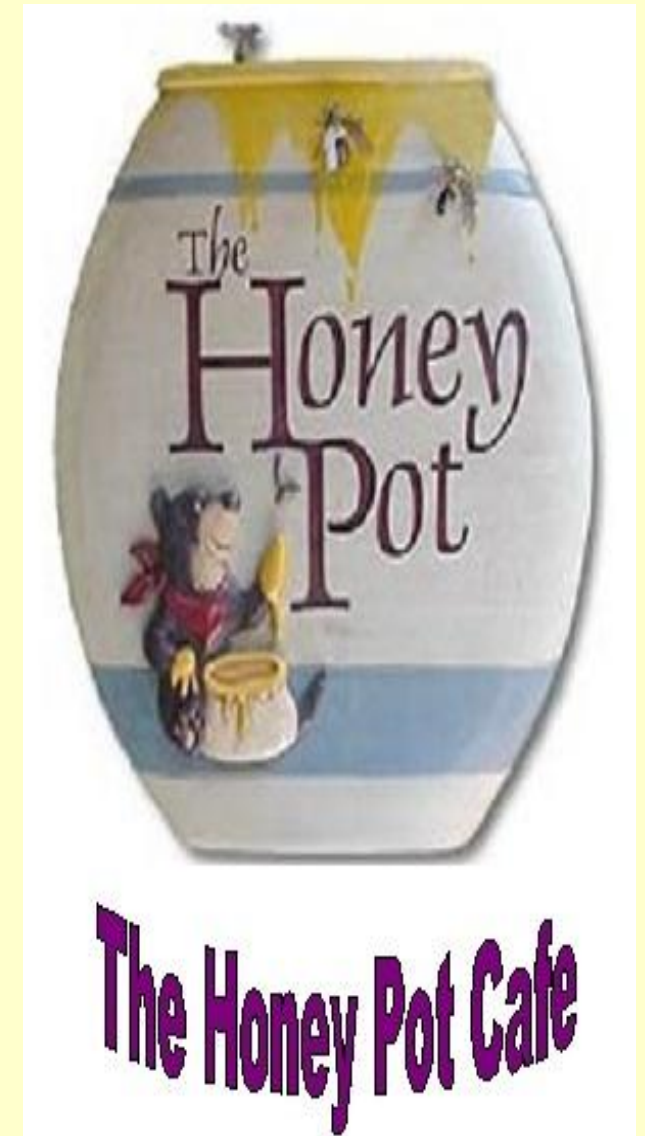
ALSO.

FOR FURTHER INFORMATION PLEASE ASK FOR

MIKE, BETH OR ERICA.

FOOD AWARENESS

**ALTHOUGH EVERY CARE IS TAKEN TO ENSURE
THERE ARE NO NUTS PRESENT WE CANNOT
GUARANTEE OUR DISHES ARE NUT FREE.
PLEASE ALSO BE AWARE THEY CONTAIN GLUTEN
AND DAIRY UNLESS OTHERWISE STATED.**



Selections

Breakfasts

Breakfasts served with two slices of wholemeal or white toast.

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| FULL ENGLISH | £6.25 |
| VEGETARIAN | £6.25 |
| EGGS ON TOAST (scrambled/ poached) | £3.75 |
| BEANS ON TOAST | £3.75 |
| TOAST | £0.35 |
| CROISSANTS | £1.50 |
| TOASTED MUFFIN (topped with either) | |
| SCRAMBLED EGG & HAM | £3.95 |
| SCRAMBLED EGG & SMOKED SALMON | £4.25 |

Soup of the day

Served with homemade bread roll **£3.75**

Panini's & Toastie`s

All served with salad, homemade coleslaw & homemade chutney on a choice of white or wholemeal bread, white for panini`s.

PANINI'S

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| GOATS CHEESE & TOMATO CHUTNEY | £4.95 |
| HAM & PINEAPPLE | £4.85 |
| MATURE CHEDDAR & RED ONION | £4.75 |
| TUNA MELT | £4.75 |
| CHICKEN & BACON WITH CHILLI JAM | £4.95 |

TOASTIE`S

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|------------------------------------|--------------|
| CHEESE & TOMATO | £4.75 |
| CHEESE & HAM | £4.85 |
| CHEESE & TUNA | £4.75 |
| SAUSAGE & TOMATO | £4.75 |
| BACON, LETTUCE & TOMATO | £4.75 |

Baguettes

All cold baguettes served with salad, homemade coleslaw & homemade chutney.

COLD

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|-----------------------------|--------------|
| HOME COOKED HAM | £4.50 |
| CHEESE | £4.20 |
| PRAWN MAYO | £5.00 |
| TUNA MAYO | £4.50 |
| TUNA & SWEETCORN | £4.50 |

HOT

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|---------------------------------------|--------------|
| BRIE RED GRAPE & CRANBERRY | £4.75 |
| GOATS CHEESE & RED ONION | £4.75 |
| HOT BACON | £3.75 |
| HOT SAUSAGE | £3.50 |
| BREAKFAST | £5.00 |
| CHIPS | £2.75 |
| BACON, BRIE & MUSHROOM | £4.95 |

Oven Baked Potatoes

Traditional oven baked potatoes served with salad, homemade coleslaw & homemade chutney.

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|-----------------------------|--------------|
| BAKED BEANS | £4.75 |
| CHEESE | £5.00 |
| TUNA MAYO | £4.85 |
| TUNA & SWEETCORN | £5.00 |
| CHEESE & BACON | £5.25 |

Children's Choice

Served with chips, jacket, beans or salad & carton of fruit juice

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|--------------------------------------|--------------|
| CHICKEN NUGGETS | |
| FISH FINGERS | |
| SAUSAGE (meat free available) | £4.25 |
| SPAGHETTI BOLOGNAISE | |
| PIZZA SLICE | |

Traditional choices

All our traditional choices are made fresh on the premises. They are all served with salad & either chips or jacket potato.

THESE ARE ALL PRICED AT £6.25

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| CHEFS LASAGNE |
| VEGETABLE LASAGNE |
| COTTAGE PIE |
| SALMON & PRAWN LASAGNE |
| COD & PRAWN BAKE |
| SPAGHETTI BOLOGNESE |
| PASTA WITH SALMON IN PLUM SAUCE |
| GAMMON & EGG |
| SCAMPI |
| CHILLI CON CARNE |
| CHICKEN CURRY |
| VARIOUS OMELETTES |
| WARM CHICKEN & BACON SALAD |
| WARM MUSHROOM & EDAM SALAD |

Loaded Potato Skins

Served with salad, homemade coleslaw & homemade chutney.

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|------------------------------|--------------|
| CHEESE & MUSHROOM | £5.00 |
| HAM & CHEESE | £5.00 |
| TUNA & CHEESE | £5.00 |
| CHICKEN CURRY | £5.25 |